

PANIC! Bursaries**Tora Hed *Let it Land, Part 3*****Video Transcription**

This is an audio description of 'Let it Land, part 3' by the artist Tora Hed. The artwork has been produced as part of the PANIC bursaries at the Tetley.

The work is a video with sound. It has a duration of 1:26 minutes

0:01

An artificial buzzing sound is heard. A dancer, Sarah, stands with her back to the camera. Sarah is a woman in her early thirties. She has short hair, she is wearing black trousers, sneakers and a red shirt. Another dancer, Inari, faces Sarah. Inari is in her late twenties, she has long hair and she is wearing black trousers, sneakers and a red sweater. Inari is not visible, aside from both of her arms, making alternate 'front crawl' movements into the void between them.

0:07

Quick fade. We see them from below, looking up at their jostling arms, caving at the space of air between them in a futile attempt. Quick fade to a full-body view of them facing one another, we see them both side-on as equals. The synchronicity of their cupped palms is perfectly timed. Each arm curves up and then dives rapidly back down in unison.

0:20

Quick fade. We see them from below again as before, their arms continue the same action, but begin to link up with one another. Cupping, almost securing one another, again and again, raise and

scoop down. Almost batting one another off in defense, or attack, or defense.

0:40

Quick fade to a full-body view of them facing one another, we see them both side-on again. Still gesturing as before, but they stagger back slowly and begin to lunge down with their right legs in front of them, left behind. They tip clumsily, shifting their weight and hips onto the gravel. With one arm as a ground support, the other continues to wildly but rhythmically scoop.
Now sitting side on.

0:57

An aerial shot, just above their heads. Gravel and weeds surround them. Their identical black trousers and shoes are interlinked somehow, in an indiscernible way. Their hypnotic and mesmerising arm movements never relent, and cut through the gravel and trousers.

1:06

Their arms suddenly lock, they pause. Heads bow and nestle their heads into one another's crook of their neck. Their hands emerge from their carved out space and, with fingers outstretched, they press their hand onto the outward-facing side of their own face. They raise their other arm raises to meet the opposite's elbow. An interesting pattern of red shirts, square arms and hands form. The humming has never gone away.

1:17

Black background with white text which says:

Concept & choreography Tora Hed

Collaborators and dancers Sarah Maria Cook & Inari Hulkkonen

Filmed by Sunny Vowles

Editing Sunny Vowles

Sound Tora Hed & Sunny Vowles

Funding and support PANIC! (The Tetley)